

Office of Dr. Amy Cades
PLT Health
119 Headquarters Plaza / Hyatt Hotel Plaza, 2nd Floor North Tower
Morristown, NJ 07960
973-984-0900

To reach Dr. Cades in Morristown: 215-694-8631

Schedule changes must be made with Dr. Curran: 800-962-5763

Parking

Directly after the Hyatt Hotel turn Right into the underground parking garage. Go down and park on P2 level and take the elevator up to the M (Mall) level. When you get out of the elevator you will be facing the gym. Turn right and go all the way down the hallway and through the glass doors. Take the North Tower Elevator to the Second Floor. If you park on a level other than P2, take the elevator to the M (Mall) level and ask for directions to the North Tower. PLT Health office is 119 Headquarters Plaza (second floor North Tower).

From the South on the Garden State Parkway : Take the Route 78 exit and follow signs to Route 78 WEST (from the South, this will require getting onto 78 East and then taking the indicated exit to get around onto 78 West). Stay in local/right lanes until you reach Route 24 West; merge Right onto 24 West. Follow 24 West to Exit #1 (keep left) which is Route 287 South to Somerville. Follow 287 South to Exit 35, Madison Ave. Turn right at the end of the ramp and bear right at the first traffic light onto South St. Take South St. to the center of town ("The Green" - a park). Go halfway around the Green and bear Right onto Speedwell Ave (202 N). The Headquarters Plaza complex is two blocks on the right. Turn Right for underground parking immediately past the entrance for the Hyatt Hotel. Refer to **PARKING** on these directions.

From Holland Tunnel and NJ TPKE: Follow the signs for the NJ Turnpike South (95 South) and take Exit 14 (Newark Airport), which will be Route 78 West. Take Route 78 West to Route 24 West. Take Route 24 West to Route 287 South to Exit 35 (Madison Avenue). Turn right at the end of the ramp and stay right onto South Street. Follow South Street to the center of town, which will be a park. Go halfway around the park and bear right onto Speedwell Avenue (this is also Route 202 North). Turn right immediately after the entrance for the Hyatt Hotel into the parking garage under the building. Refer to **Parking** on these directions.

From Route 287 North: Get off at Exit 35, Madison Ave. Turn Left at the end of the ramp onto South St. Take South St. to the center of town ("The Green" - a park). Go halfway around the park and bear right onto Speedwell Ave., Route 202 North. The Headquarters Plaza Complex will be two blocks on the right. Turn right directly after the Hyatt Hotel into underground parking and refer to **Parking** on these directions.

From Connecticut and New York Via 287 South: Take 95 South to 287 West (Cross Westchester Expressway), over the Tappan Zee Bridge. Continue on 287 West until you see signs for 287 South into New Jersey. Take Exit 35, Madison Avenue. Turn right at the end of ramp and stay right onto South Street. Follow South Street to the center of town, "Morristown Square Park". Go halfway around the park and bear right onto Speedwell Avenue (this is also Route 202 North). Turn right immediately after the entrance for the Hyatt Hotel into the parking garage under the building. Refer to **Parking** on these directions.

From George Washington Bridge: Take Route 80 West to Exit 43, Route 287 South. Follow Route 287 South to Exit 35, Madison Avenue. Turn right at the end of the ramp and stay right onto South Street. Follow South Street to the center of town, "Morristown Square Park". Go halfway around the park and bear right onto Speedwell Avenue (this is also Route 202 North). Turn right immediately after the entrance for the Hyatt Hotel into the parking garage under the building. Refer to **Parking** on these directions.

From Newark Int'l Airport: Take Route 78 West to Route 24 West. Take Route 24 West to Route 287 South, Exit 35, Madison Avenue. Turn right at the end of the ramp and stay right onto South Street. Follow South Street to the center of town, the "Morristown Square Park". Go halfway around the park and bear right onto Speedwell Avenue (this is also Route 202 North). Turn right immediately after the entrance for the Hyatt Hotel into the parking garage under the building. Refer to **Parking** on these directions.

From Lincoln Tunnel: Follow the NJ Turnpike South (95 South) to Exit 15W, Interstate 280 West. Take I-280 West to Route 80 West (the end of I-280 becomes 80 West). Take Route 80 West to Exit 43, Route 287 South. Follow Route 287 South to Exit 35, Madison Avenue. Turn right at the end of the ramp and stay right onto South Street. Follow South Street to the center of town, "Morristown Square Park". Go halfway around the park and bear right onto Speedwell Avenue (202 North). Turn right immediately after the entrance for the Hyatt Hotel into the parking garage under the building. Refer to **Parking** on these directions.

PLEASE CALL THE MAIN OFFICE OF ATLANTIC OCCUPSYCH WITH ANY QUESTIONS, CHANGES
1.800.962.5763